



# WASHINGTON-YAMHILL POMONA

## BUILDING BRIDGES

Our bridge to cross transcends time as we travel from cradle, to grave and beyond. It is what we leave behind with each forward motion and words spoken that count. We know what lies within us, whether we choose to accept it or fight against it. Our battles belong to us. It is our outward emotions and actions that requires our greatest strength. Good deeds and nature put us at ease while allowing us to be a piece of the whole. It is when we act upon fear and anger that places us in peril.

I had the good fortune of sitting in a classroom next to a fellow student who loved to think philosophically and share his thoughts. I was at the right place at the right time when he decided "Life is about learning." Melvin was his name, a charming young man with the most beautiful set of eyelashes and an inquisitive mind hidden behind them.

Those set of words I carry with me to this day; I have carried them for over 40 years. This newsletter is devoted to words of wisdom and hope. May we all pull a Melvin during our journey. May we touch someone unknowingly in a positive way.



2022

POMONA MEETINGS

10:00AM

Lunch \$5.00

\*January 10, 2022

Scholls Grange #338  
16917 SW Hillsboro Hwy  
Scholls, Oregon

\*April 16, 2022

Leedy Grange #339  
835 Saltzman Rd  
Portland, Oregon

\*July 16, 2022

Fernwood Grange #770  
216 N Springbrook Rd,  
Newberg, Oregon

\*October 15, 2022

Forest Grove Grange #282  
1917 B St, Forest Grove, OR

GOOD OF THE ORDER  
10:00AM

Refreshments Compliments  
of Hosting Grange

\*November 20, 2021

Leedy Grange #339  
835 Saltzman Rd, Portland

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## Suicide Prevention

Article generously supplied to us by:  
Wendy Socha | Program Specialist, Veteran Services  
Disability, Aging and Veteran Services  
Washington County Department of Health and Human  
Services

155 N. First Avenue, MS 44 | Hillsboro, OR 97124  
Physical location: 5240 NE Elam Young Pkwy, Suite 300 |  
Hillsboro, OR 97124  
503-846-3078 desk

The events occurring in Afghanistan may lead veterans of all eras to question the meaning of their service and the worth of their sacrifices. Veterans please know you are not alone; it is normal *to* feel this way. There are resources available for veterans 24/7. Talk to your friends, family and battle buddies and reach out for mental health services. Veterans are our coworkers, family and friends and they may need our help accessing resources. If you are a veteran or know a veteran who needs resources, please reach out and follow this link for contact information of services that are available to veterans right now.

<https://content.govdelivery.com/accounts/USVA/bulletins/2ecff31>

Veterans die by suicide at a higher rate than the general population in our county. Now more than ever, friends and family of veterans should be aware of how they can help prevent veteran suicide. You can be there by getting trained to help. GetTrainedToHelp.com offers mental health first aid training and teaches you how to respond to signs of mental illness and substance use disorders. Due to the pandemic, all courses are currently offered online.

If you are (or care about) a veteran who is having thoughts of suicide, please call the Veterans Crisis Line at 1-800-273-8255 and press 1.



## VETERAN'S PAGE



Copied from the website:

<https://content.govdelivery.com/accounts/USVA/bulletins/2ecff31>

## Strategies for Managing Ongoing Distress

At this moment, it may seem like all is lost, like your service or your sacrifices were for nothing. Consider the ways that your service made a difference, the impact it had on others' lives or on your own life. Remember that now is just one moment in time and that things will continue to change.

*Need to contact VA?*

Veterans Crisis Line: 1-800-273-8255 and press 1,  
Chat, or Text 838255  
Homeless Veteran Resources: 1-877-424-3838 or Chat  
White House VA Hotline: 1-855-948-2311  
Don't know what number to call?

1-800-MyVA411 (800-698-2411)  
is never the wrong number



**"YESTERDAY IS HISTORY,  
TOMORROW IS A MYSTERY,  
TODAY IS A GIFT OF GOD,  
WHICH IS WHY WE CALL IT THE  
PRESENT."**

– **BILL KEANE**



## Forest Grove Grange #282

# GOAT BINGO



Forest Grove Grange Hall, 1917 B Street, Forest Grove, OR 97116



## AROUND THE NEIGHBORHOOD

Washington - Yamhill Pomona Grange  
October 16, 2021

**Hillsboro Grange #73** - No member present. Pomona Master, Sam Keator reported Hillsboro Grange has caught up with their quarterly reports, but not their dues to State Grange yet.

**Tigard Grange # 148** - No one present from Tigard to make a report this quarter. However, Tigard does have a website & they are not asleep:  
<http://tigardgrange.com/index.html>

**Winona Grange #271** – Master Marilyn Reiher reported they have six new members and twice as many seed packets as last year. They will be boxing the assortment of seeds November 6. Volunteers from other groups can pack their own box.

November 27 will be a pick-up day for those who cannot afford the increase in shipping charges. Winona has new renters a choir, horse riding club, and theater group. The church that has rented for the past 16 years has closed. The pastor has moved to LaPine - *we wish you all the best Monte*. Winona is looking for someone who loves cleaning Grange Halls. If you love to clean, please contact Winona Grange: <https://winonagrang271.org/>

**Forest Grove Grange # 282** - Master Joe Duyck sent a report on Goat Bingo, which was such a success that they plan to make it an annual event on the second Saturday in August. Margaret Clute added that they have ordered 37 boxes of dictionaries for the “Word for Thirds” program, as they plan to give 4th grade students a dictionary due to not receiving one last year because of covid.

**Washington Grange #313** - Venita Volpp, Treasurer, reported for Master Linda Dorland, who is in rehab with a broken leg. They cancelled their August Inventory Sale and rescheduled to October 22 & 23. They are saving newspapers and would appreciate donations. Washington Grange is hoping to donate their hall space to “Lucky to Serve” again beginning the second week in November.

## WASHINGTON-YAMHILL POMONA

*"All this will not be finished in the first one hundred days. Nor will it be finished in the first one thousand days . . . nor even perhaps in our lifetime on this planet. But let us begin."*

*John F. Kennedy*

As early as 1853 the Farmers in Oregon were organizing "Farmer's Clubs." One such Club in Yamhill County even sponsored an agricultural library. In 1854 the farmers of Washington County tried to form a Washington County Agricultural Society that met in Hillsboro. Being divided in their opinions, the Agricultural Improvement Society collapsed. Not long after that another agricultural society was formed with the base of operation in Forest Grove. The first county fair was held in Forest Grove with Thomas Naylor serving as president. By 1856 the Agricultural Society fades away.

In 1873, the Oregon farmers were given hope as they began to unite and form Granges. We find in the fall of 1873 T. D. Humphrey of Hillsboro Grange and S. A. Holcomb of West Union Grange representing Washington County. From Yamhill County came A. J. Pitman of Excelsior Grange, A. B. Henry of Lafayette Grange and Mr. & Mrs. Reid from McMinnville Grange at the inception of the Oregon State Grange. During the first few years of the Oregon State Grange, the Washington and Idaho Territories fell under the Oregon State Grange's jurisdiction.

The following year in 1874, Daniel Clark, Master of the Oregon State Grange reported 240 Granges; 175 in

Oregon, in the Territory of Washington 50 Granges and 15 in the Idaho Territory. In his address, Master Clark reported that he alone traveled 2,500 miles in the course of 12 weeks.

His deputies, farmers themselves, neglected their farms and family as they were out forming Granges. He further addressed the fact that the Deputies were paid only what they paid out while traveling in the work of the organization. Master Clark felt the deputies should at least be compensated for their time. Because they were not, Master Clark felt it necessary for him to take to the field as well, instead of staying home to run the office and answer correspondents.

As the membership increased and the Patrons of Husbandry began to define their role as a fraternal, reports of several Granges in Washington County showed that the farmers were recognizing the role of co-ops. Columbia Grange was pooling wool, looking into the feasibility of a Grange Mill and in November of 1875 Columbia Grange voted to send a committee to confer with Hillsboro Grange to form a Grange Warehouse.

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*Extracted from "Washington-Yamhill Pomona Grange Di-Lites 70th Anniversary commemorative Edition. A copy was given to each Grange in our Pomona, and a few libraries, and history centers.*



# AROUND THE NEIGHBORHOOD

CONTINUE FROM PAGE 3

**Scholls Grange #338** – Looking forward to hosting Pomona in January. Other than that pretty quiet.

**Leedy Grange #339** - No member present. The worthy Secretary/Treasurer of Leedy, Cynthia Hively did report to Sam Keator and Theresa Thorud: Bob & Yvonne Clarke are in Arizona. Cynthia reported that they would like to show support to “HomePlate,” but she is experiencing some difficulties in making contact as they had a change in director and a new building, so far from what she is finding they are looking for cash donations at this time.

Cynthia has talked about partnering with a different organization. Union Gospel has purchased a church in the Rock Creek area and is working on building a shelter for women dealing with homelessness and domestic violence. Cynthia has a contact at Reesers who is onboard with helping with a fundraiser at Leedy, so they are looking at their options.

In the meantime, Leedy has a group of seniors from Elsie Stuhr Center who have been meeting in a park for lunch once a week all summer. Leedy have made arrangements to provide them a warm dry meeting place this fall and winter. They had their first get together yesterday (Thursday 10/14/2021).

**Kinton Grange #562** – No one present from Kinton. However, Rick Banton notified the Worthy Master that Kinton has a couple of new members to take the 5th Degree when we exemplify it. -- *Side note:*

*Kinton Grange Holiday Craft Faire*

*November 13 and 14, 2021*

*Vintage & Craft Vendors, Snacks, Bake Sale & MORE!*

Kinton website: <http://www.kintongrango.org/>

**Aloha Grange #773** – Connie Clark reported on Mike Duyck who recently had surgery. Mike is still experiencing pain and has a long road to recovery. To find out more about Aloha Grange you can visit their website:

<https://www.grange.org/alohaor773/rental/>

**Dixie Mountain Grange #860** – Sam Keator reported Dixie Mountain has caught up with their quarterly reports and dues to State Grange.

**Fernwood Grange #770** – Sam Keator reported that they paved handicapped parking spots and added a bathroom downstairs. *Side note:*

For those on Facebook, you can find Fernwood Grange buzzing with busy beavers making improvements on the old hall: <https://www.facebook.com/pg/Fernwood-Grange-770-Newberg-Oregon-104674531704193/posts/>



Above photo captured from McMinnville Grange Facebook page:

<https://www.facebook.com/mcminnvillegrange/>

**McMinnville Grange #31** – Master of McMinnville Grange Wayne Clemmer reported four new members this quarter for a total of 21 in 2021. Their 3rd quarter report listed attendance of 18, 19, and 19. They conducted two garage sales that raised \$1,500. They have rentals every day except Thursday. They’ve completed a handicapped bathroom downstairs, paved the parking lot, and painted the fascia on their building. Halloween dances and dinners are scheduled for October 29 and 31 with prizes for best costume. Holiday Bazaars will be held upstairs from 10-2 on Saturdays while the market is downstairs. McMinnville Grange presented 4 resolutions to Pomona.

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No matter how old I am If I see this I'm Gonna pop the bubbles.



# AROUND THE NEIGHBORHOOD CONTINUE FROM PAGE 5

I over heard a conversation during lunch time while attending the October Pomona meeting. Marilyn is one of many members who are cancer survivors and I asked if I could share her cantaloupe story. Marilyn wrote back:

I take anastrozole, an estrogen blocker, that's supposed to keep cancer from traveling to other parts of my body. It gives me acid reflux. At first I tried my Dad's remedy for seasickness when salmon fishing on the Coos Bay bar: two saltine crackers. Ginger ale works but I don't like carbonated beverages. My cancer doctor approves Tums because they add calcium, but a nurse practitioner worried that taking too much will cause kidney stones.

Then I discovered that cantaloupe is even more effective. An internet search confirms it: Cantaloupe helps with digestion. Cantaloupe contains both soluble and insoluble fibre, which work together for bowel health, helping to prevent constipation and maintain a healthy digestive tract. Cantaloupe acts as food for gut bacteria. Another site lists melons as number 11 on a list of 19 foods that alleviate or prevent acid reflux. Good thing I discovered cantaloupe because I get to take anastrozole for another 4 years.

**WANT TO GET IN ON A GOOD CONVERSATION?  
YOUR NEXT OPPORTUNITY WILL BE:  
WASHINGTON-YAMHILL POMONA #2  
GOOD OF THE ORDER MEETING@  
LEEDY #339  
NOVEMBER 20TH / 10 AM-NOON  
835 SALTZMAN RD, PORTLAND 97227**

Better yet attend a monthly meeting at your local Grange Hall. Not sure where to start? Go to:  
<http://orgrange.org/find-a-grange/>



I didn't sleep well last night so I made my coffee this morning with Red Bull instead of water. I got half way to work before I realized I forgot my car.



**Announcements:  
Thank you to**

**Peggy Ivy**, Washington Grange, who has been a tremendous help with this and previous newsletters  
**Marilyn Reiher**, Winona Grange for sharing her story & as Pomona Secretary for sharing the minutes - it makes writing the newsletter a whole lot easier  
**Cynthia Hivley** of Leedy Grange for her updates  
**JoAnn Vineyard** of Scholls Grange for updates of events  
**Margaret Clute**, Forest Grove Grange for the Goat Bingo photos  
**Jim Clute**, Forest Grove Grange for being our VA contact

**A Big Thank You to Wendy Socha** of Washington County Veterans Service for her contribution

## Washington-Yamhill Pomona *Continue from page 4*

To travel 2,500 miles in the course of 12 weeks takes conviction and dedication. Daniel Clark was but one individual out of many that made this organization what it is today. You may not travel 2,500 mile in a course of 12 weeks, you may spend little time on the road but even a few hours of your time adds to the whole.

WE CAN DO IT



No one can do everything, but everyone can do something, and together we can change the world.  
— Ronald J. Sider —



*"Let us not seek to fix the blame for the past, let us accept our own responsibility for the future."*

*John F Kennedy*

### Announcements

**Sam Keator, our Worthy Master Is challenging our Granges to come up with at least 12 resolutions to present to State Grange in 2022.**


**Not sure how to write a resolution?**

**See:**

**<http://orgrange.org/legislative/>**

If you doubt we made any changes in the past. You have not been reading our history. Think about that the next time you turn on the light or travel down the road. We will learn about PUD's (Public Utility District) in our next issue. If you wish to catch up with the past see: <https://www.grange.org/washingtonyamhillor2/>

Grange Mutual Insurance - short story of it: <https://www.grange.org/washingtonyamhillor2/files/2018/11/Special-Ed-Fall-2018-1.pdf>



## Making a Difference

An old man walking along the beach came upon a child sifting through debris left by the night's tide. Every so often, he would pick up a starfish and toss it back to the sea.


The old man asked him the purpose of his efforts. "The tide has washed the starfish onto the beach. They will die unless I throw them back."

The old man looked around at the miles of beach. "There are more starfish than you can ever save. You cannot make a difference."

The child bent to pick up another starfish and sent it back to the ocean. Then he looked up at the old man, smiled and replied, "I can make a difference to this one."

## You make a difference!

Adapted from *The Star Thrower* by Loren Eiseley



*"Let us never negotiate out of fear. But let us never fear to negotiate. [Inaugural Address, January 20 1961]"*

*John F Kennedy*

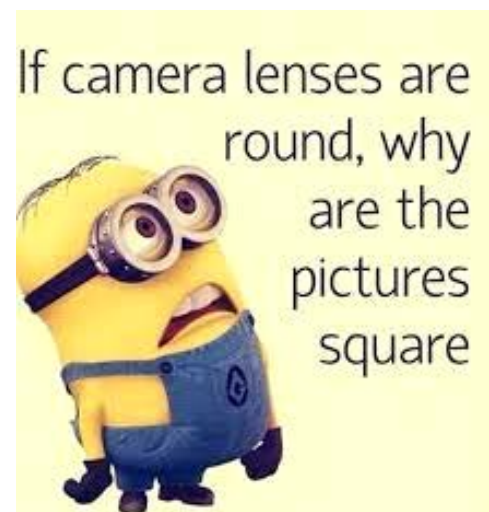
Never doubt that a small group of thoughtful, committed citizens can change the world indeed, it's the only thing that ever has.

- Margaret Mead

If you never jumped from one couch to another, to save yourself from the lava, then you didn't have a childhood.



THOUGHT FOR THE DAY







“No matter how much you may think you know.

There will always be someone else that knows a little bit more.”

*Bud Hoffman*

*My grandpas’s hired hand. Bud to the right with dog. Grandpa to the far left.*

Do you look at an 8oz glass as:



OR

You see  
4oz of water &  
4oz of air

that needs investigating?



SHORT & SASSY

Yes, Iceland really did reroute a road due to elves.

You decide:

<https://www.rd.com/article/dont-mess-with-elves/>

## BIG & TALL



### Jack The Giant

Jacob Rheuben Erlich

July 3, 1906 – July 18, 1952

8’6.5” & an even bigger heart

He wrote a whimsical children’s book and visited crippled children’s wards and hospitals in the San Francisco area where he told original stories he created about boys and girls who had giants for friends.

When Jack met Robert Wadlow who stood 8 feet and 9½ inches, for the first time in Jack’s life he was looking up and the first thing that came out was, “Hey, Bob, how’s the weather up there?” Wadlow took it gracefully, and Jack says it taught him a lesson. “People still ask me about the weather up here,” he says, “but I don’t really mind it any more. I can even shoot back an answer: hot air at the summit, somewhat cooler in the foothills.”

You can find Jack’s story @:

<https://showmensmuseum.org/traveling-carnival-and-circus-sideshow/circus-tall-man-jack-earle/>



Robert Wadlow

[https://en.wikipedia.org/wiki/Robert\\_Wadlow](https://en.wikipedia.org/wiki/Robert_Wadlow)

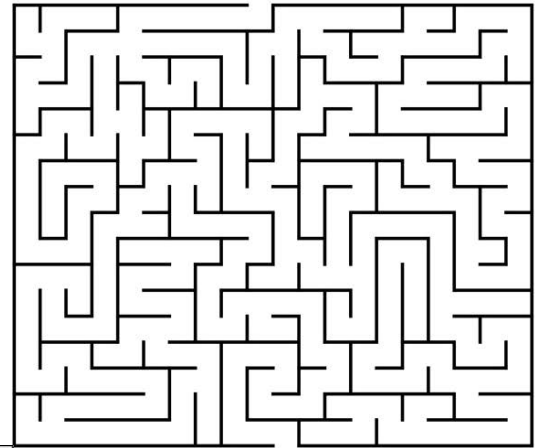






"Sink or Swim."

One of my high school teachers, whose name eludes me at the moment, would remind us often "sink or swim."



Until we meet again

Know that you are not alone in this world



**Footprints**

*in the Sand*

*Why, when I needed you most, you have not been there for me?*

*The Lord replied,*

*The times when you have seen only one set of footprints,*

*is when I carried you.*



What does  
Nessie of Loch Ness  
Champ of Lake Champlain &  
Ogopogo of Okanagan Lake  
have in common?

- A) They are a plesiosaur
  - B) A dinosaur
  - C) Need more than 4oz of water to swim in
- You decide*